

Only Reset | Liquid Green Detox or Green Salad Detox

A deep cleansing and rebirth experience designed for your mind, body, and soul...

The OnlyReset Program combines the power of nature, the principles of functional medicine, and the most effective applications of modern technology in a holistic approach. Our goal is not only weight loss; we aim to support cellular renewal, digestive detox, hormonal balance, and spiritual purification as a whole.

This plant-based liquid and raw detox system supports the liver and intestines, allowing the digestive system to rest. It helps eliminate toxins while maintaining your daily energy levels.



AHĀMA

Only Reset | 3-Day Program

- 2 Dietitian consultations
- 2 Doctor consultations
- 2 Live blood & body composition analyses
- 1 MLX-i Dome
- 2 Normatec sessions
- 1 Medical facial treatment
- 1 Algae Body Wrap
- 1 Hue Light Therapy
- 2 Cellgym sessions
- 1 Red Light Therapy
- 1 Ozone Sauna
- 1 Endospheres Therapy
- 1 80-min Massage
- 1 Cryo Wave Therapy
- 1 Probiotic Enema
- 1 Carol Bike & EWOT

In addition to your personalized therapies, your daily program includes:

- Guided Yoga Therapy
- Group Sound Therapy
- Sunset Rituals at the beach or in nature

Also available:

- Classic Sauna
- Steam Room
- Cold Plunge

Total: 1380 €

Only Reset | 5-Day Program

- 2 Dietitian consultations
- 2 Doctor consultations
- 2 Live blood & body composition analyses
- 2 MLX-i Dome
- 3 Normatec sessions
- 1 Medical facial treatment
- 1 Jetpeel Facial
- 1 Algae Body Wrap
- 2 Hue Light Therapies
- 2 Cellgym sessions
- 2 Red Light Therapies
- 3 Ozone Sauna sessions
- 2 Endospheres Therapies
- 1 80-min Massage
- 1 Cryo Wave Therapy
- 1 Probiotic Enema
- 2 Carol Bike & EWOT

In addition to your personalized therapies, your daily program includes:

- Guided Yoga Therapy
- Group Sound Therapy
- Sunset Rituals at the beach or in nature

Also available:

- Classic Sauna
- Steam Room
- Cold Plunge

Total: 2070 €

Only Reset | 7-Day Program

- 3 Dietitian consultations
- 3 Doctor consultations
- 2 Live blood & body composition analyses
- 3 MLX-i Dome
- 3 Normatec sessions
- 1 Medical facial treatment
- 1 Algae Body Wrap
- 2 Hue Light Therapies
- 3 Cellgym sessions
- 3 Red Light Therapies
- 3 Ozone Sauna sessions
- 2 Endospheres Therapies
- 2 80-min Massages
- 2 Cryo Wave Therapies
- 2 Probiotic Enemas
- 3 Carol Bike & EWOT

In addition to your personalized therapies, your daily program includes:

- Guided Yoga Therapy
- Group Sound Therapy
- Sunset Rituals at the beach or in nature

Also available:

- Classic Sauna
- Steam Room
- Cold Plunge

Total: 2755 €